

How she changes lives for the BETTER....

Dr. **DEIRTRE COTTON** is A Dream activator, acclaimed keynote speaker, author, “Better Life” coach, leadership mentor, and self-taught business and property owner/entrepreneur. She has more than 25 years of training men and women to reach their fullest potential in ministry, leadership, life and in the marketplace. She has a faith-based and electric style of teaching that abundant living can become your reality and you can live beyond mediocrity and brokenness.

Dr. Deirtre is a warrior and winner over many obstacles, tragedies, and delays in life. She has learned to focus on becoming Better always and in all circumstances. Learning life’s lessons and leading others to a place of seeing how their broken pieces are what makes them a Masterpiece. Dr. *Deirtre* teaches and demonstrates perception changing life lessons which galvanize people to become successful in every area of their lives. She uses a matter of fact transparency in her coaching and public speaking that reaches young and old and makes her relevant and reachable. Utilizing her strategic insight and her uncanny ability to recognize gifts and talents that an individual possesses, Dr. *Deirtre* motivates those around her to uncover their unique differences, hidden passions and challenges them to “Better Up(level)” their lives.

Dr. *Deirtre* cultivates your natural abilities, creates value from your past pains and failure, helps you navigate through the exploration of opportunities, *charts* a course for you to follow in pursuit of Your dreams and presents *choices* You can make to create multiple streams of income. She believes that no matter what you have been through that BETTER is coming! And that getting BETTER is a journey that never ends.

Dr. *Deirtre* is the founder and Chief Executive Officer of Better Life Coaching & Mentoring Program and Better U Training Center. She founded Lady D Cotton Ministries and Better After Being Broken in 2007. She hosts Family Conferences, retreats, workshops, radio broadcasts and online courses to empower people in four foundational areas of life; spiritually, mentally, physically and financially. She is also founder and CEO of the Eagles Nest Foundation, a non-profit housing, employment, and training program for disadvantaged individuals and families. Also, co-founder and partner with her husband of Cotton & Cotton Enterprise, LLC.

Dr. *Deirtre* is a graduate of Stonybrook University in Stonybrook, New York with a BS degree in Social Science and BS degree in Political Science and Minor in Child and Family Studies. She holds a Doctorate degree in Pastoral Counseling from York Christian International University, Fort Lauderdale, Florida. She is also a spoiled wife, mom(ager), dog lover and God chaser.